



Adopted: 2005-11-08	Reviewed:	Amended: 2011-11-01 2019-02-05
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SUBJECT: **NUTRITION IN SCHOOLS**

The Board of Education for School District No. 78 (Fraser-Cascade) accepts the premise that schools should educate their students to the benefits of eating nutritious foods as outlined in [Canada's Food Guide](#) and the health concerns of eating non-nutritious foods.

Each school in the District will implement practices that follow these beliefs as outlined in the regulations. This policy will pertain to all food products sold or provided in schools.

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REGULATIONS

SUBJECT: **NUTRITION IN SCHOOLS**

Guidelines for Instructional Purposes and for Foods Served and/or Sold by Schools:

1. All schools are expected to provide suitable nutrition education programs as outlined in Ministry of Education curriculum. Schools will ensure that all food and beverages sold or distributed in schools appropriately complement and reflect the nutrition education experiences of the students.
2. The school will work cooperatively with families and the broader community to strengthen connections and services and to nurture healthy active lifestyles.
3. Schools, in consultation with parents, staff and students will ensure students receive positive nutritional messages that are consistently reinforced throughout the school environment.
4. Principals will review food services for students annually with the school's Parent Advisory Council.
5. School sales and distribution of food products during school and at school-sanctioned events will be based upon the ["Guidelines for Food and Beverage Sales in B.C. Schools \(2013\)"](#) .