

Insert Date

Dear Patient / Parent,

As part of providing more comprehensive and preventative health care, including in the area of mental health, I am part of a pilot project screening for ADHD, depression and anxiety in children and youth. As you may know, the numbers of young people struggling with such problems are many, and yet an individual may go for many years before being properly diagnosed and getting the treatment they need.

The questionnaires that you have been asked to fill out today are to screen for particular problems in yourself or your child. At your appointment today, I will, as you expected, deal with the concern that has brought you into the office this day. If anything of concern is picked up when I review the screening questionnaire, I will ask you to book a longer appointment on another date so we can follow-up with this in more detail.

Of course, if you wish to decline doing the questionnaire, you may.

Thank you for your participation,

<<physician name>>