

**SCHOOL DISTRICT NO. 78 (FRASER-CASCADE)**

**POLICY**

NO: 7350

DATE: 2005-11-08

REVISED: 2011-11-01

SUBJECT: **NUTRITION IN SCHOOLS**

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The Board of Education for School District No. 78 (Fraser-Cascade) accepts the premise that schools should educate their students to the benefits of eating nutritious foods as outlined in *Canada's Food Guide* and the health concerns of eating non-nutritious foods.

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**REGULATIONS**

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**Guidelines for Instructional Purposes and for Foods Served and/or Sold by Schools:**

1. All schools are expected to provide suitable nutrition education programs as outlined in Ministry of Education curriculum. Schools will ensure that all food and beverages sold or distributed in schools appropriately complement and reflect the nutrition education experiences of the students.
2. School Staff will identify children with nutrition problems and respond to their immediate needs as appropriate. After initial discussion between teachers and parents/guardians about the nutritional concern regarding a child, for example, lack of breakfast or lunch, the public health nurse or other relevant agencies may be consulted regarding further action.
3. Principals will review food services for students annually with the school's Parent Advisory Council, the District Education Office, schools' staffs and students.
4. To assist with decision-making, schools will refer to the most up-to-date Guidelines as available from the Ministry of Health, Nutrition Division. (*"Guidelines for Food and Beverage Sales in B.C. Schools"*) Principals will refer to the District Lunch Program Guidelines in establishing School Lunch Programs.